

# March

Indicates the first day of a med	Indicates last day of med or activity	Indicates visit to the office/blood draw
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BA = Baby Aspirin  
 PNV = Prenatal Vitamins  
 BCP = Birth control pill

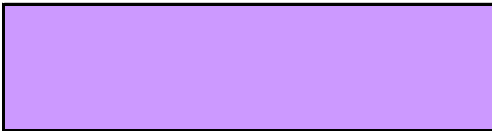
Surrogate Ex 1: Amy
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
PNV	PNV	PNV	PNV	PNV	PNV	PNV	
							<b>All Ultrasounds and Bloodwork Have to be in the morning</b>
							One 81 mg Baby Aspirin daily
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	
PNV	PNV	PNV	PNV	PNV	PNV	PNV	<b>**Continue all medications until instructed to stop.**</b>
	BCP	BCP	BCP	BCP	BCP	BCP	<b>Estradiol Valerate 0.15 Done between 5pm and 9pm</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	
PNV	PNV	PNV	PNV	PNV	PNV/BA	PNV/BA	<b>AM: Progesterone in Oil 1mL Done before 10am</b>
BCP	BCP			Baseline Ultrasound, Consents E2 blood draw	BA		<b>REQUIRED:</b>
					PM: Estradiol Valerate 0.15		<b>Please Visit: <a href="http://www.utahfertility.com">www.utahfertility.com</a></b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	Click on <b>Patient Resource</b> , then <b>All Resources</b> and select <b>Injection Instruction videos</b> , select language, and from there select training videos that are specific to the medications on your calendar, please call your coordinator with questions.
PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	
				E2 blood draw			
		PM: Estradiol Valerate 0.15			PM: Estradiol Valerate 0.15		
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	
PNV/BA	PNV/BA	PNV/BA					<b>**Continue all medications until instructed to stop.**</b>
	Ultrasound Lining Check						
		PM: Estradiol Valerate 0.15					
<b>29</b>	<b>30</b>	<b>31</b>					

# April

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES	
			PNV/BA	PNV/BA	PNV/BA	PNV/BA		
					E2/P4 blood draw		All Ultrasounds and Bloodwork Have to be in the morning	
							One 81 mg Baby Aspirin daily	
					PM: Estradiol Valerate 0.15			
			1	2	3	4		
PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	<b>**Continue all medications until instructed to stop.**</b>	
AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL		
	Z-Pack	Z-Pack	Z-Pack	Z-Pack	Z-Pack			
					Embryo Transfer	Princess Day		
			Expect call for transfer time and instructions		In Pleasant Grove		Estradiol Valerate 0.15 Done between 5pm and 9pm	
Last day for intercourse					PM:Prog Suppository	PM:Prog Suppository		
		PM: Estradiol Valerate 0.15			PM: Estradiol Valerate 0.15			
5	6	7	8	9	10	11	AM: Progesterone in Oil 1mL Done before 10am	
PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA		
AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL		
Princess Day							<b>REQUIRED:</b>	
PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	Please Visit: <a href="http://www.utahfertility.com">www.utahfertility.com</a>	
		PM: Estradiol Valerate 0.15			PM: Estradiol Valerate 0.15		Click on Patient Resource, then	
12	13	14	15	16	17	18	All Resources and select Injection	
PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA	Instruction videos, select	
AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	language, and from there	
	Pregnancy test		**Continue this regimen daily until pregnancy test. If pregnancy test if pos. you will continue this regimen through 10 wks of pregnancy					select training videos that
							are specific to the medications	
PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	on your calendar, please call	
		PM: Estradiol Valerate 0.15			PM: Estradiol Valerate 0.15		your coordinator with questions.	
19	20	21	22	23	24	25		
PNV/BA	PNV/BA	PNV/BA	PNV/BA	PNV/BA				
AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL	AM:Progesterone in Oil 1 mL			<b>**Continue all medications until instructed to stop.**</b>	
PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository	PM:Prog Suppository				
		PM: Estradiol Valerate 0.15						
26	27	28	29	30				